



Personal Musings

Muse over (think about and consider) the following possibilities and questions; it's an enjoyable way to spark your creative mind into action. Answering questions helps steer your attention toward elements of problems you can control, that which makes you feel good, and which ultimately make you more productive and effective. As you answer each of the prompts listed below, choose answers that are unusual to you rather than what others might choose. Also, when you consider the following, think about how your choices would help you resolve conflicts in your life:



- *If I wrote a book, the book would be about (a concept like ignorance or justice) . . .
- *If I produced a movie, it would be a (length, type) . . .
- *If I painted a picture, the subject would be. . .
- *If I wrote a stand-up comedy routine, I would tell stories about (something you care deeply about) . . .
- *If I composed a song, I would write lyrics about (concepts or wrongs you'd like to correct) . .
- *If I were going to do something nobody expected me to, I would . . .
- *If I were going to cook a meal for a dozen of my friends, I would cook . . .
- *If I were given a thousand dollars and could throw the party of the year, I would make it memorable by . . .
- *If I could have dinner with anyone on the planet, it would be . . .
- *If I could design my dream home, it would have . . .
- *If I could be paid to study any subject for two months, I would study . . .
- *If I could spend two months anywhere in the world, I would go to . .
- *If I could live anywhere in the world, I would live in . . .