Band & Orchestra

WHO: ALL STUDENTS - Mrs. Delligatti
(must have at least ONE year of playing experience)

WHAT: Through the band & orchestra programs students will develop self discipline, responsibility, and an ability to work and function in a group situation. These programs provide experiences in instrumental music which meet the social, emotional and cultural needs of students.

WHERE: Music Room

WHEN: Weekly lessons (September to June)
Rehearsals on Tuesday and Friday during Exploratory School & Evening Performances
Chorus

WHO: ALL STUDENTS-Mrs. Fawcett

WHAT: Students practice weekly with performances at least 4 times a year. In addition, the chorus participates in a Valentine’s Day performance at a local nursing home, as well as at Ravinia Festival.

WHERE: MPR

Out of School Venues

WHEN: Tuesday and Friday (September to June)

Practice - during Exploratory Periods

School & Evening Performances
Musical Acting & Crew

**WHO:** ALL STUDENTS - Mrs. Cohen

**WHAT:** The musical is a wonderful opportunity to experience acting, singing and dancing.

**WHERE:** Music Room / MPR

**WHEN:** daily (Spring)
  - after school
  - 1 daytime & 2 evening performances
Clubs/Activities throughout the year:
Book Match:

**WHO:** 6th & 7th Grade Students- Mrs. Ocran

**WHAT:** Students practice, then compete against other middle schools in a game show set-up. The questions are based on 50 book titles from the library.

**WHERE:** Mrs. Ocran’s classroom

Match locations 122

**WHEN:** Once per week  Mondays(October to March)

after school
Who: Everyone cool is welcome to join
Where: In the IMC/Library
When: Wednesday & Thursday (3-4 pm)
Sponsor: Mr. V
Yearbook

WHO: ALL STUDENTS - Mrs. Lee

WHAT: Students help create a piece of Northwood history, as they assemble the Husky yearbook. Contribute to the pictures, design, layout, and more. Regular attendance not required.

WHEN: Starts Sept 7

Meets Wednesdays after school from 2:50-3:50 (September to March)

**Can join other sports/activities too :)**
Pokemon Club

WHO: ALL STUDENTS- Mrs. Ocrant

WHAT: Play Pokemon

WHEN: Friday from 3:00-4:00

Where: Mrs. Ocrant’s room
Garden Club

WHO: ALL STUDENTS- Mrs. Garcia & Mrs. Bingham

WHAT: Grow flowers/food!

WHEN: TBD- Listen for Announcements

Where: Courtyard
Monday Movie Madness

**Who:** ALL Students

**What:** provides students with a relaxed but structured place to come after school on Mondays for a variety of movies including Up and the first X-Men. There is some discussion of the movies and the elements that make them great.

**When:** Monday after school

**Where:** Mrs. Benson’s Room
Husky News Network
(Broadcasting Club)

The Husky News Network is Northwood's first and only student-run weekly news broadcast. Whether you're interested in being one of our revolving hosts, producing engaging feature segments or working behind the scenes, we've got a spot for you.

- **Meeting Days**: Monday PM; Thursday lunch periods; Friday morning
- **Sponsors**: Mrs. Baartmans + Mr. Steinbach
- **Meeting Months**: All Year

![Image of Husky News Network studio]
Robot Revolution

Our robotics teams compete in an annual challenge using LEGO Mindstorms robots. Teams are open to all 6th, 7th and 8th graders. This year we will be competing against each of the schools in District 112 during our culminating tournament on December 10th. Practice starts soon. See Mr. Steinbach or Mr. Klein for more information!

- **Meeting Days**
  - Tuesday, Wednesday, Thursday - PM

- **Sponsors**
  - Mr. Steinbach + Mr. Klein

- **Meeting Months**
  - September through December

- **Start Date**
  - Informational meeting on Wednesday, 9/7 STEM lab.
Minecraft mornings

Minecraft Mornings are the chance for you to come out with friends and display your building skills with our STEM lab private server. The sky's the limit when building in a group. No Minecraft accounts are needed to participate. Students will get picked up at 7:20 from the front hallway to participate.

- **Meeting Days**
  Tuesdays + Thursdays
  7:20 - 7:50 AM

- **Sponsor**
  Mr. Steinbach

- **Meeting Months**
  All Year

- **Start Date**
  Mid September
Roots Festival

WHO: ALL STUDENTS- Ms. Downey & Mrs. Bingham

WHAT: Northwood's annual event that celebrates the diversity of our heritages. Students can participate in a variety of cultural performances including dancing, instrumental performances, or skits.

WHERE: MPR

WHEN: Spring
after school (Day & Evening performances)
Culture Club:

**WHO:** All students - Ms. Ryan & Mrs. Benson

**WHAT:** Discuss different topics and watch different videos to raise awareness

**WHERE:** TBD

**WHEN:** After school from 3:00-4:00
Class Act Café

WHO: ALL STUDENTS

WHAT: Study time in morning
Study or hang out in afternoon

WHERE: Front Hallway

WHEN: Daily (September to June)
6:30 - 7:30am
3:00 - 4:00pm
Breakfast

Who: All students

What: Breakfast—may be provided or it may be purchased

When: 7:25 every morning

Where: MPR (lunch room)
Intramurals

WHO: ALL STUDENTS

WHAT: Have fun playing all different sports throughout the year or workout in Northwood’s state-of-the-art weight room.

WHERE: Small Gym

WHEN: 2-3 days/week from 3:00-4:00 beginning after Labor Day. Starting the 3rd week of October. SCHEDULE will be posted on the NW Activities Bulletin Board.
Rising Stars

WHO: BILINGUAL STUDENTS (6th - 7th Graders)

WHAT: Students engage in a variety of activities that provide enrichment in the academic areas to position them for success when entering HPHS as freshman.

WHERE: Highland Park High School
        (transportation provided)

WHEN: 10-two hour sessions (September to June)
        3:00 - 5:30pm
Talent Show

**WHO:** 8th Graders

**WHAT:** Students have the chance to show their hidden talents in a performance for the entire school.

**WHERE:** MPR

**WHEN:** two weeks (late May)

One performance during the school day
Fall Sports:
Cross Country

**WHO:** ALL STUDENTS- Ms. Holsen and Mrs. Harris

**WHAT:** Students practice daily and compete against other schools in long distance running (usually 1-2 mile course)

**WHERE:** Gyms & Fields

**WHEN:** Mondays, Wednesdays, & Thursdays
Soccer

WHO: COED (7th & 8th Grade - 1 team each)

WHAT: Teams practice daily with 1 or 2 games each week.

WHERE: Northwood Field

WHEN: Daily (September through October) after school
Girls Volleyball

WHO: 7th & 8th Grade Girls - Wolf, Middendorf

WHAT: Practice 2 to 4 times a week with 1 or 2 games each week.

WHERE: Gym

WHEN: Daily (after school / some evenings)
Winter Sports:
Spirit Squad

WHO: ALL BOYS & GIRLS (6th - 8th Grade)- Cohn/ Anzalone

WHAT: Learn cheers, stunts, and dance routines to perform during boys and girls home basketball games.

WHERE: Gym / MPR

WHEN: Practice daily
Games 1-2 times per week
(November to January) after school
Basketball

WHO: 7th & 8th Grade Boys/Girls (2 teams each)
Mall, Gore & Tiegs

WHAT: Separate Boys and Girls teams practice daily with 1 or 2 games each week.

WHERE: Both gyms

WHEN: Daily (October to January)
3:00-4:30 or 4:30-6:00
WHO: ALL STUDENTS- 6-8th both male and females
Mr. Ferrari

WHAT: Wrestlers learn the skills to compete, while improving their physical conditioning.

WHERE: Gyms/MPR

WHEN: Daily (November through March)
3:00-5:00 p.m.
Spring Sports:
Track & Field

WHO: ALL STUDENTS- grades 6-8

WHAT: Students practice and compete in ...

- Long Jump
- High Jump
- Shot Put
- Discus
- Sprints
- Relays

(100, 200, 400 yard dash & 800, one mile run)

WHERE: Gyms & Fields

WHEN: Daily (April to June) 3:00-4:30
Boys Volleyball

**WHO:** 7th & 8th Grade Boys Wolf, Middendorf

**WHAT:** Boys teams practice 2 to 4 times a week with 1 or 2 games each week.

**WHERE:** Gym

**WHEN:** Daily (after school / some evenings)
Hygiene