

## The Sooner We Start The Farther They'll Go

When something about your child seems unusual or worrisome, it's important to address your concerns as soon as possible. Warning signs are just that - warnings. They don't necessarily mean that there are problems. However, if you're concerned about your child there are steps you can take.

- Observe how your child is developing compared to children of the same age.
- If you have a concern about your child's development, a free screening may be arranged through your local school district or Child & Family Connections.

### About Early Intervention Services

Early Intervention services provided during the first three years of life may help children by

- Encouraging and supporting development
- Preventing diagnosed conditions from becoming more severe
- Improving the overall functioning of children who have delays or are at high risk of becoming developmentally delayed
- Providing families with support and information

### Early Intervention Services May Include:

- + Developmental screening and evaluation
- + Physical therapy, occupational therapy, speech therapy and developmental therapy
- + Parent support, education and training
- + Family and individual counseling

# What Age Should My Child...



## A Guide To Your Child's Development



## Developed By

Lake County Interagency Council

"Coming Together,  
Growing Together"

### LIC Mission Statement

Lake County families and community agencies working together to promote and ensure a comprehensive, family-centered system for children ages birth to three with developmental delays



If you have concerns about your child's development, contact:

### Child & Family Connections #2

3010 Grand Avenue, 2nd Floor  
Waukegan, Illinois 60085

Referral Line:

English 847-377-8931

Spanish 847-377-8932

Main Number: 847-377-8900



## MOVEMENT

## PLAY

## LANGUAGE/FEEDING

	Expected Behavior	Potential Risks	Expected Behavior	Potential Risks	Expected Behavior	Potential Risks
3 months	<ul style="list-style-type: none"> <li>* Pushes up on arms</li> <li>* Holds head up</li> </ul>	<ul style="list-style-type: none"> <li>* Unable to lift head when on stomach</li> <li>* Stiffens one side of body when head is turned</li> </ul>	<ul style="list-style-type: none"> <li>* Notices own hands</li> <li>* Smiles to sound of parent's voice</li> </ul>	<ul style="list-style-type: none"> <li>* No response to voice/sounds</li> <li>* Does not follow toys with eyes</li> <li>* Thighly fistted hands with thumbs tucked in</li> </ul>	<ul style="list-style-type: none"> <li>* Strong suck</li> <li>* Begins cooing</li> <li>* Looks at adult's face</li> </ul>	<ul style="list-style-type: none"> <li>* Weak or absent suck</li> <li>* No response to parent's face</li> </ul>
6 months	<ul style="list-style-type: none"> <li>* Sits with support</li> <li>* Holds head up</li> <li>* Sits with straight back</li> <li>* When held in standing position, bares partial weight through legs</li> </ul>	<ul style="list-style-type: none"> <li>* Sits with rounded back</li> <li>* Unable to lift head</li> <li>* When held in standing position, legs are stiff and crossed</li> </ul>	<ul style="list-style-type: none"> <li>* Cuddles</li> <li>* Reaches for and grabs toy</li> <li>* Puts objects in mouth</li> <li>* Moves toy from hand to hand</li> <li>* Plays with own hands, feet, fingers and toes</li> </ul>	<ul style="list-style-type: none"> <li>* Over or under sensitive to touch</li> <li>* Does not reach or hold toys</li> <li>* Constant crying, irritability</li> </ul>	<ul style="list-style-type: none"> <li>* Eats strained foods</li> <li>* Laughing, squealing</li> <li>* Begins babbling</li> <li>* Coos to music</li> <li>* Feeds self crackers</li> </ul>	<ul style="list-style-type: none"> <li>* No reaction to music, sounds</li> <li>* Tongue thrust or protruding tongue</li> <li>* Head strongly arched back or heads flops forward</li> <li>* Not making any sounds</li> </ul>
8 months	<ul style="list-style-type: none"> <li>* Sits with, then without support</li> <li>* Hands free for play</li> <li>* Rocks on hands and knees</li> </ul>	<ul style="list-style-type: none"> <li>* Sits with rounded/arched back</li> <li>* In standing position, will not take weight on legs</li> <li>* Unable to let go of a toy purposefully</li> </ul>	<ul style="list-style-type: none"> <li>* Plays peek a boo</li> <li>* Operates cause and effect toys</li> <li>* Finds hidden objects</li> <li>* Looks for family/peers when named</li> </ul>	<ul style="list-style-type: none"> <li>* Poor use of arms for play</li> <li>* Disregards toys and sounds</li> <li>* Does not use eyes to follow moving toy</li> <li>* Easily distracted or loses interest in toy immediately</li> </ul>	<ul style="list-style-type: none"> <li>* Most children start table foods</li> <li>* Responds to own name</li> <li>* Shouts for attention</li> <li>* Waves or responds to bye-bye</li> </ul>	<ul style="list-style-type: none"> <li>* Gags easily-chokes when eating</li> <li>* Cannot completely close lips around food</li> <li>* Hard to change from milk to solid foods</li> <li>* Doesn't seek adult attention</li> </ul>
12 months	<ul style="list-style-type: none"> <li>* Creeps on hands and knees</li> <li>* Crawls on hands and knees</li> <li>* Pulls to stand alone</li> <li>* Cruises furniture</li> </ul>	<ul style="list-style-type: none"> <li>* Does not pull to stand</li> <li>* Pulls to stand with arms but drags stiff crossed legs up from behind</li> </ul>	<ul style="list-style-type: none"> <li>* Can pretend play</li> <li>* Puts objects into a container</li> <li>* Responds to "no no"</li> <li>* Hands toys back to an adult</li> </ul>	<ul style="list-style-type: none"> <li>* Does not recognize or respond to familiar people</li> <li>* Uses one arm or hand for all play</li> </ul>	<ul style="list-style-type: none"> <li>* Feeds self with fingers</li> <li>* Says first words</li> <li>* Drinks from a cup</li> <li>* Says Mama and Dada</li> </ul>	<ul style="list-style-type: none"> <li>* Gags easily</li> <li>* Chokes when eating</li> <li>* Does not understand any words</li> </ul>
15 months	<ul style="list-style-type: none"> <li>* Independent standing</li> <li>* Most children are taking a few steps or walking</li> </ul>	<ul style="list-style-type: none"> <li>* Walks on toes</li> <li>* Holds one side of body stiff</li> <li>* Keeps weight shifted to one side in sitting</li> <li>* Unable to stand or take steps with support</li> </ul>	<ul style="list-style-type: none"> <li>* Points with index finger</li> <li>* Scribbles</li> <li>* Gets a toy from another room when asked</li> <li>* Helps turn pages</li> </ul>	<ul style="list-style-type: none"> <li>* Uses whole hand rather than one finger to point</li> <li>* Cannot manipulate pages of a book</li> <li>* Doesn't like swinging</li> <li>* Doesn't play well with others</li> </ul>	<ul style="list-style-type: none"> <li>* Speaks at least 15 words</li> <li>* Knows function of household objects</li> <li>* Names desired objects at table during meals</li> <li>* Points to one body part</li> <li>* Begins use of fork and spoon</li> </ul>	<ul style="list-style-type: none"> <li>* Limited or no words</li> <li>* Has problems chewing</li> <li>* Limits self to certain food textures</li> <li>* Does not communicate wants and needs (even non-verbally)</li> </ul>
24 months	<ul style="list-style-type: none"> <li>* Walks upstairs holding rail</li> <li>* Runs with coordination</li> <li>* Kicks a ball</li> </ul>	<ul style="list-style-type: none"> <li>* Clumsy on stairs</li> <li>* Stiff arms or legs</li> <li>* One side of body works better than the other</li> </ul>	<ul style="list-style-type: none"> <li>* Stacks 4 nesting blocks</li> <li>* Catches a large ball</li> <li>* Recognizes self in photo</li> <li>* Turns pages one at a time</li> </ul>	<ul style="list-style-type: none"> <li>* Difficulty playing with small objects</li> <li>* Does not look at a task</li> <li>* Over sensitive to various textures</li> </ul>	<ul style="list-style-type: none"> <li>* Speaks 2 word phrases</li> <li>* Speaks 50 words</li> <li>* Uses own name to refer to self</li> <li>* Follows simple directions</li> <li>* Listens to short stories</li> </ul>	<ul style="list-style-type: none"> <li>* Hard to understand child's speech</li> <li>* Quiet child even around music and noise</li> <li>* Responds to voice only when looking at face</li> </ul>
30 months	<ul style="list-style-type: none"> <li>* Jumps in place with both feet</li> <li>* Rides a tricycle</li> <li>* Imitates one food standing</li> </ul>	<ul style="list-style-type: none"> <li>* Arms work better than legs</li> <li>* Can't keep up with peers</li> <li>* Clumsy or awkward</li> <li>* Trips often</li> </ul>	<ul style="list-style-type: none"> <li>* Copies a circle</li> <li>* Builds an 8 cube tower</li> <li>* Sorts shapes-circles, squares and triangles</li> </ul>	<ul style="list-style-type: none"> <li>* Holds one arm stiff while playing with the other arm</li> <li>* Uses touch and not sight to sort objects</li> </ul>	<ul style="list-style-type: none"> <li>* Identifies several body parts/pictures</li> <li>* Uses utensils to eat by own self</li> <li>* Folls two step directions</li> </ul>	<ul style="list-style-type: none"> <li>* Constant drooling</li> <li>* Poor lip closures, gags easy</li> <li>* Does not combine words</li> <li>* Does not identify body parts or objects</li> <li>* Echoes sound without understanding</li> </ul>

AT Risk Behavior	<p><b>Significant Signs of Developmental Problems:</b></p> <ul style="list-style-type: none"> <li>* Arching back of head and body</li> <li>* Stiffening of arms and legs that is hard to move out of</li> <li>* Rounded back in sitting after 3 to 4 months old</li> <li>* Stiffness or weakness in one leg or one arm</li> <li>* Stiff, crossed legs when held in standing position</li> <li>* Poor head control after 3 months</li> <li>* Will not take weight on legs by 8 months</li> </ul>	<ul style="list-style-type: none"> <li>* Constantly fistted hands, especially with thumb tucked in</li> <li>* Can't let go of toy once it is in child's hand after 5 months</li> <li>* Can't bring hands together by 5 to 6 months</li> <li>* Cannot follow toy with eyes up and down, back and forth by 3 months</li> <li>* Does not respond to sounds from behind or the side</li> <li>* Stiffens body &amp; cries with loud sounds or sudden movement</li> </ul>	<ul style="list-style-type: none"> <li>* Tongue thrust/strongly pushing tongue out when mouth open</li> <li>* Weak suck</li> <li>* Bites hard and can't let go</li> <li>* Excessive drooling or drooling beyond the teething stage</li> <li>* Gags easily</li> <li>* Avoids eye contact</li> <li>* Chokes often when eating</li> </ul>
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## **Lake County Developmental Screening Sites 2012**

All of the organizations listed below are available to provide **free** developmental screenings to children who are **under three years of age**. To schedule an appointment, the parent should call the contact person at the phone number listed.

### **Community options:**

The community options listed will provide screenings to any child regardless of where they reside in Lake County.

#### **Advocate Good Shepherd Hospital Pediatric Therapy Center**

350 Surryse Rd, Ste 250  
Lake Zurich, IL 60047  
(847) 842-4057  
Contact: Wendy Perlin  
Hours by appointment

#### **Pediatric Interactions – Grayslake**

(847) 223-7433  
Contact: Sarah Rosten  
Hours by appointment

#### **Therapeutic Links - Grayslake**

(847) 548-3458  
Contact: Tracy Lyndon  
Hours by appointment

#### **YWCA Lake County-Waukegan Parent Services & Family Management**

847-662-4247  
Contact: Janette Tinoco-Ledesma  
Hours by Appointment  
*Ofrecemos una evaluacion del desarrollo de su niño en Español*

### **School district options:**

The school district sites will provide developmental screenings to residents in their own school districts only.

#### **Antioch CCSD #34 Early Start – Prevention Initiative**

(847) 838-8032  
Contact: Jennifer Dzuibla  
Hours by appointment

#### **SEDOL – Special Education District of Lake County – Gages Lake**

**Residents of districts:** 1, 3, 6, 24, 33, 34, 36, 37, 38, 76, 79, 95, 96, 102, 103, 114, 116, 118, 41, 46, 50, 56, 68, 70, 72, 73, 75, 187  
(847) 548-8470 Contact: Mireya Billman ext.2354 (call between 8:00 am -3:30 pm)  
Hours: M-F by appointment  
Will provide developmental screenings and hearing screenings  
*Ofrecemos una evaluacion del desarrollo de su niño en Español*

#### **Waukegan School District 60 Parent Infant Education - Prevention Initiative**

Contact: Susan Hersman (847) 263-2319;  
Hours: by appointment  
*Ofrecemos una evaluacion del desarrollo de su niño en Español*

#### **North Chicago Dist 187**

(847) 689-6306  
Contact: Carol Lombardi  
Hours by appointment

#### **Deerfield Dist 109**

(847) 945-1844 x7233  
Contact: Margaret Wade  
Hours by Appt. or on April 5th from 8:30 am - 11:30 am