

# Anxiety/School Refusal

Presented by



**Jackie Rhew, LCPC, Therapist and Clinical Liaison, AMITA Health Alexian Brothers Behavioral Health Hospital, and Co-founder of the Center for Emotional Wellness**

**Tuesday, January 15, 2019**

**Morning Session 9:30 am to 11:30am**

**New Trier High School**

**7 Happ Road. Board Room C234, Building C  
Northfield, IL 60093**

This presentation will review specific interventions designed to assist children in managing their anxiety, as well as promote increased motivation, healthy goals setting and active school engagement for the child. Factors that contribute to avoidant behaviors, as well as ways to early identify maladaptive coping responses will be explored. Attendees leaving the presentation will have learned how to develop parenting strategies to assist their children with healthy coping responses and engage them in effective communication and language that promotes self-advocacy and independence.

Jacqueline Rhew is the co-founder of the Center for Emotional Wellness of the Northwest Suburbs, she is an expert in her field and is called upon by hundreds of school districts both locally and internationally for consulting staff in order to better serve their youth. Jacqueline serves as a clinical liaison for AMITA Health Alexian Brothers Behavioral Health Hospital. She previously served as Assistant Director for the School Anxiety/School Refusal Program; a program she was instrumental in creating and developing. Jacqueline has facilitated 300-plus workshops for professionals and parents, both locally and nationally on topics ranging from anxiety, school refusal, parenting, and self-injury.

**ADVANCE REGISTRATION IS REQUIRED. Register by: Friday, January 11, 2019.** You may register online by using the calendar/workshop link at <http://www.nssed.org>. Please notify us if you need special accommodations. For additional information, contact Amanda Beranek ([aberanek@nssed.org](mailto:aberanek@nssed.org)) or by calling 847-831-5100 ext. 2270.

Be sure to visit the NSSED APS website at: <https://sites.google.com/a/nssed.org/apsweb/>